

正宗盐帮味道

盐帮菜
中餐美食



Annie

 四川自贡阿细食品有限公司
SICHUAN ZIGONG ANNIE FOOD CO., LTD

四川自贡阿细食品有限公司创立于1997年，是一家集餐饮经营管理、餐饮连锁经营、酒店经营管理、网络科技创新、特色餐饮产品研发、地方特色食品加工、厨艺技术培训、餐料物流配送、对外投资等为一体的现代综合型企业。旗下拥有10家餐厅、1家商务酒店、3家茶坊、1所烹饪餐饮职业培训学校，拥有“阿细”“玫瑰港”“盐码头”“阿细妹”“村村小煎”和“夹芙蓉”等自主品牌。

服务热线: 400-600-8126

粥 食

CONGEE

图片仅供参考，出品以实物为准。 The picture is for reference only.

- A1 白粥.....3.95
Plain Congee

A2 蔬菜白粥.....4.99
Vegetable Congee
- A3 虾球粥.....9.95
Shrimp Congee

A4 及第粥.....9.95
Pork/Liver/Kidney Congee
- A5 滑牛肉粥.....9.95
Sliced Beef Congee

A6 皮蛋瘦肉粥.....9.95
Preserved Egg & Pork Congee



本菜谱所有图片仅供参考，出品以实物为准。
Pictures are for reference only, and the products are based on physical objects.

粥 食

CONGEE

图片仅供参考，出品以实物为准。 The picture is for reference only.



- A7 海鲜粥.....10.95
Seafood Congee
- A8 招牌一品粥.....10.95
House Special Congee

- A9 鲜鱼片粥.....9.95
Fish Fillet Congee
- A10 粉仔牛肉粥.....9.95
Minced Beef Congee
- A11 北菇鸡粥.....9.95
Chicken & Mushroom Congee
- A12 艇仔牛肉粥.....9.95
Squid, Pork & Beef Congee
- A13 金银蛋大鸭粥.....9.95
BBQ Duck & Egg Congee
- A14 青菜鱼片大碗粥.....10.95
Fish & Vegetable Congee



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小食

SIDE ORDER

图片仅供参考，出品以实物为准。 The picture is for reference only.



▲ B6 越南春卷 9.95
Vietnamese Spring Rolls (6)

B8 炸豆腐 9.95
Deep Fried Bean Curd

B12 素春卷 3.95
Crispy Vegetarian Spring Rolls (2)

B15 卤鸡爪/鸭翅/鸭脖 3.99
Braised Chicken Legs/Duck Wings/Necks

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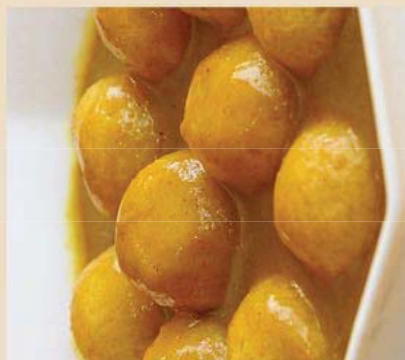


B2 菜肉锅贴 14.95
Pan Fried Pork Dumplings (12)



B1 葱油饼 4.95
Green Onion Cake

B4 卤猪蹄 5.95
Braised Pork Trotters



▲ B5 咖喱鱼蛋 9.95
Curry Fish Balls

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小食

SIDE ORDER

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炒粉类

BBQ

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D2 罗汉上素炒面...14.95
Mix Vegetable Chow Mein



D1 广东炒面...16.95
Cantonese Chow Mein



D5 菜远牛肉河
Rice Noodles w. Veg. & Beef
14.95



D4 上海粗炒
Shanghai Noodles
14.95



D3 马拉炒米
Malaysia Vermicelli
14.95



D6 干烧伊面...13.95
Chinese Mushroom Yee Mein

BBQ Duck
C1 烧鸭



14.95/例
24.95/半只

BBQ Pork
C2 阿邦叉烧



12.95

C4 烧鸭/豉油鸡(双拼)
BBQ Duck / Chicken

19.95

C3 豉油鸡
Chicken w/ Soy Sauce

12.95/例 18.95/半只

C6 豉油鸡/阿邦叉烧(双拼)
BBQ Duck / Pork

19.95

C5 烧鸭/阿邦叉烧(双拼)
BBQ Duck / Pork

19.95

烧味

BBQ

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炒粉类

RICE NOODLE & CHOW MEIN

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D7 豉汁牛河14.95
Rice noodles w. Beef & Black Bean Sauce

D9 X0酱干炒牛河.....14.95
X0 Sauce Beef & Bean Sprouts Rice Noodles

D11 星洲炒米14.95
Singapore Vermicelli



D13 干炒牛河.....14.95
Rice Noodles w. Beef & Bean Sprouts

D14 大香港炒面.....14.95
H.K.Style Chow Mein

D16 肉丝炒面.....14.95
Shredded Pork Chow Mein

D18 三鲜炒面.....16.95
Three kinds of Seafood Chow Mein

D15 牛肉炒面.....16.95
Beef Chow Mein

D17 时菜什烩面.....16.95
House Special Chow Mein

D19 菜远牛腩炒面.....16.95
Beef Brisket & Veggies Chow Mein

汤面、米线

NOODLE SOUP

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E1 潮州鱼蛋面
Fish Balls Noodle Soup
9.50



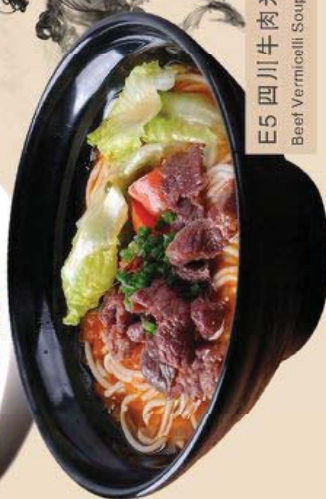
E2 烧鸭汤面
BBQ Duck Noodle Soup
12.95



E3 鲜虾净云吞
Shrimp Wonton Soup
12.95



E4 四川牛肉面.....12.95
Szechuan Beef Noodle Soup



E5 四川牛肉米线.....12.95
Beef Vermicelli Soup

捞面类

LO-MEIN

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▲ F2 云吞捞面12.95
Shrimp Wonton Lo-Mein



F1 牛腩捞面12.95
Beef Brisket Lo Mein



附加费
EXTRA FEE

G1 加面底2.50
Add noodle

G2 加菜1.99
Add Veg

G3 鸡蛋1.99
Add Egg

G5 双拼2.50
Add two kinds

G6 白米饭2.50/人
Steam Rice

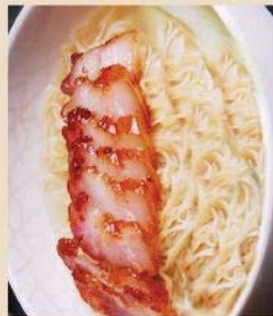
G7 茶水 (一壶)1.00
Tea



E12 川椒排骨米线12.95
Vermicelli Soup w. Black Pepper Rib



E14 柱候牛腩面12.95
Beef Brisket Noodle Soup



E11 叉烧汤面12.95
BBQ Pork Noodle Soup



E13 四川红油抄手12.95
Szechuan Chili Wonton Soup

▼ E15 鲜虾云吞面12.95
Shrimp Wonton Noodle Soup



汤面、米线

NOODLE SOUP

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炒饭、烩饭

FRY RICE & DISH WITH RICE 图片仅供参考，出品以实物为准。The picture is for reference only.



▲ H1 芥兰香肠炒饭 16.95
Gailan & Sausage Fry Rice

H3 福建炒饭 16.95
Fu-Kien Fry Rice

H4 鸳鸯炒饭 16.95
Yuan Yang Fry Rice



H5 咸鱼鸡粒炒饭 15.95
Salt Fish & Chicken Fry Rice



H2 扬州炒饭 15.95
House Special Fry Rice

H6 蛋炒饭 12.95
Egg Fry Rice

H8 滑蛋鲜虾烩饭 14.95
Shrimps w. Egg on Rice

H10 茄汁猪扒烩饭 14.95
Pork Chop w. Tomato Sauce on Rice

H12 椒盐猪扒烩饭 14.95
Black Pepper Pork Chop on Rice

H7 蛋白瑶柱炒饭 14.95
Scallop & Egg Fry Rice

H9 豆腐斑腩烩饭 14.95
Basa & Bean Curd on Rice

H11 黑椒猪扒烩饭 14.95
Pork Chop w. Black Bean Sauce on Rice

H13 咖喱猪扒烩饭 14.95
Curry Pork Chop on Rice

炒饭、烩饭

FRY RICE & DISH WITH RICE 图片仅供参考，出品以实物为准。The picture is for reference only.

H16 粤味烧鸭饭 14.95
BBQ Duck on Rice

H18 三宝饭 14.95
BBQ Pork, Chicken & Egg on Rice

H20 菜远牛肉烩饭 14.95
Beef & Vegetable on Rice

H22 菜远牛腩烩饭 14.95
Beef Brisket & Vegg on Rice



H24 阿邦叉烧饭 14.95
BBQ Pork on Rice



H25 咖喱牛腩烩饭 14.95
Curry beef on rice



H26 鱼香茄子烩饭 14.95
Fish-flavored Eggplant on Rice



H27 咖喱鸡片烩饭 14.95
Curry Chicken on Rice



H28 红烧肉饭 14.95
Braised pork on Rice



H29 海南鸡饭 14.95
Mainan Chicken on Rice

魚 及 海 鮮

FISH AND SEAFOOD

图片仅供参考，出品以实物为准。The picture is for reference only.



L1 游水龙虾 (时价)
Live Lobster
29.95-39.95/LB



L2 游水肉蟹 (时价)
Live Crab
25.95-39.95/LB



L3 游水清蒸例鱼 (时价)
Live Fish
15.95-39.95/LB

- ◀ J1 椒盐猪扒饭.....15.95
Salt Pepper Pork Chop on Rice
- J2 咖喱牛腩饭.....15.95
Curry Beef Brisket on Rice (Hot)
- J3 大香港炒面.....15.95
H.K Style Chow Mein
- J4 海南鸡饭.....15.95
Hainan Chicken on Rice
- J5 三宝饭.....15.95
BBQ Pork, Chicken & Egg on Rice



(含例汤、咖啡或奶茶、冻饮加1元) (incl. Soup, Coffee or Milk Tea, Cold Drink add \$1.00)

自选套餐 SELF-SELECT COMBO

二人套餐 (For Two People) 44.95

(老火例汤、自选-\$18.95或粥、白饭、甜品) (Soup/Rice/Dessert/Two Dishes \$18.95 or less)

四人套餐 (For Four People) 88.95

(老火例汤、自选-\$18.95或粥、白饭、甜品) (Soup/Rice/Dessert/Four Dishes \$18.95 or less)

六人套餐 (For Six People) 129.95

(老火例汤、自选-\$18.95或粥、白饭、甜品) (Soup/Rice/Dessert/Six Dishes \$18.95 or less)

K1 欢聚宴席 (建议6-8人) Feast Celebrations 218.95

(清蒸游水例鱼、游水游水例鱼、游水游水例鱼、甜品、白饭)
(Live Crab x1, Live Fish x1, Crab & Fish Maw Soup, Five Dishes \$18.95 or less, Desserts)

K2 尊贵宴席 (建议8-10人) Premier Feast 318.95

(老火例汤、游水游水例鱼、游水游水例鱼、游水游水例鱼、甜品、白饭)
(Live Lobster x2, Live Fish x1, Seafood and Seafood Soup, Six Dishes \$21.95 or less, Desserts)

K3 福祿寿宴席 (建议10-12人) 418.95

Fortune Prosperity and Longevity

(老火例汤、游水游水例鱼、游水游水例鱼、游水游水例鱼、游水游水例鱼、甜品、白饭)
(Live Lobster x2, Live Crab x2, Live Fish x1, Seafood Fish Maw Soup, Six Dishes \$21.95 or less, Two Fry Rices, Desserts)

套 餐

COMBO

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魚 及 海 鮮

FISH AND SEAFOOD

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L4 椒盐石斑块
Salt & Pepper Basa



L5 椒盐脆炸鱿鱼
Salt & Pepper deep Fried Squid

L6 五柳石斑块
Braised Basa

L8 油泡青衣球
Saute Fish w. Greens

L10 沙汁蜜桃虾
Shrimp & Peach w. Mayo Sauce

L12 特色蟹肉豆腐
Tofu with Crab Meat

L7 姜葱石斑块
Jinger & Green Onion Basa

L9 油浸龍利魚
Deep Fry Basa (Whole)

L13 红烧斑腩豆腐煲
Tofu & Braised Basa Hot Pot



猪 肉

PORK

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L14 脆椒猪爽肉
Pork Neck Meat with Hot Peppers & Peanuts



L15 香醋镇江骨
ZhenJiang Style Ribs



L16 蒜泥白肉
Pork with Garlic Sauce

L17 梅菜扣肉
Steamed Pork w. Preserved Veggies



L18 孜然猪爽肉
Pork Neck Meat w. Cumin

L19 蒜爆猪爽肉
Sauteed Pork Neck Meat With Garlic

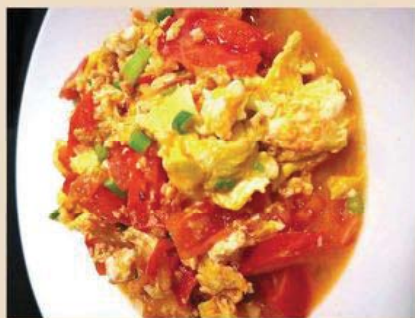
L20 京都肉排
Peking Style Ribs

L21 避风塘肉排
Typhoon Shelter Style Pork Chops

蔬菜

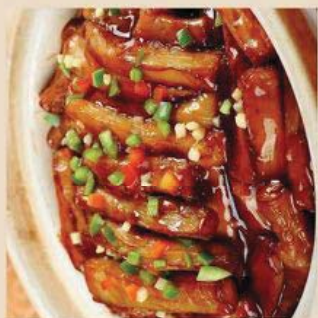
VEGETABLES

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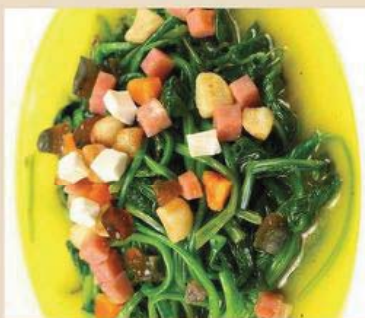
L36 西红柿炒蛋
Stir Fry Egg w Tomato

15.95



L37 鱼香茄子煲
Fish-flavored Eggplant Hot Pot

18.95



L39 金银蛋浸时蔬
Preserved Eggs & Spinach

15.95



L38 百菇扒菜胆
Black Mushroom with Pak Choi

16.95

L40 翡翠炒藕片
Stir Fry Lotus Root and Snow Pea

16.95

L42 咸鱼芥兰
Salt Fish Gailan

16.95

L43 清炒时蔬
Stir Fried Vegetable

15.95



L24 腰果鸡丁
Diced Chicken w. Cashew

18.95



L23 贵妃走地鸡
Imperial Concubine Chicken(Half)

22.95/半只



L22 豉油鸡
Chicken w. Soy Sauce (Half)

19.95/半只

L25 蒜香鸡
Crispy Chicken With Garlic Soy Sauce (Half)

19.95/半只

L26 炸子鸡
Deep Fried Chicken (Half)

19.95/半只

牛肉 Beef



L28 蜜椒腰果牛柳
Beef Tender w. Honey Pepper & Cashnuts

24.95



L29 孜然牛肉
Beef with Cumin

19.95

L30 时菜牛肉
Beef Tender w. Honey Pepper & Cashnuts

18.95

L31 牛肉芥兰
Beef with Gailan

18.95

L32 沙嗲金菇肥牛煲
Enoki Mushroom & Beef Hot Pot

19.95

L33 咖喱牛腩煲
Curry Beef Brisket Hot Pot

19.95

L34 柱候豆腐牛腩煲
Tofu & Beef Brisket Hot Pot

19.95

L35 姜葱牛肉煲
Ginger Green Onion Beef Hot Pot

19.95

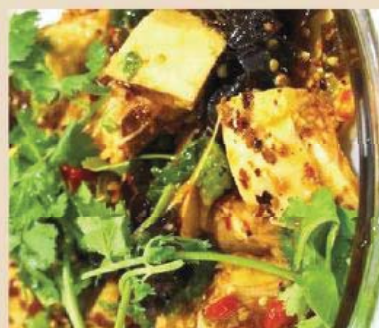
鸡肉

CHICKEN

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M3 四川凉面 9.95
Szechuan Chili Noodle (Cold)

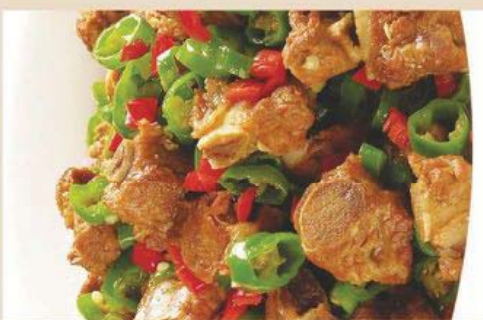
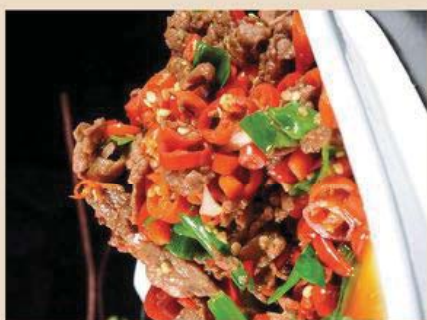


M2 麻辣口水鸡(凉菜) ... 18.95
Szechuan Spicy Chicken (Cold)



自贡盐帮菜

自贡盐帮菜属于川菜派系，其特点都三个字：香、辣、鲜！自贡菜肴得丰富，辣得过瘾，鲜得更是地道。自贡的辣与重庆的麻辣不同，它突出的是鲜辣、香辣。
Zigong Salt Band Cuisine belongs to the Sichuan Cuisine School. Zigong Salt Band Cuisine is very famous. Its characteristics are three words: fragrant, spicy and fresh. Zigong cuisine is rich, spicy, fresh and authentic. The spicy food in Zigong is different from that in Chengdu, which is characterized by fresh and spicy food.



M8 阿细红烧肉 18.95
Braised Pork



M10 下饭米椒碎牛肉 18.95
Stir Fry Snow Pea Minced Beef



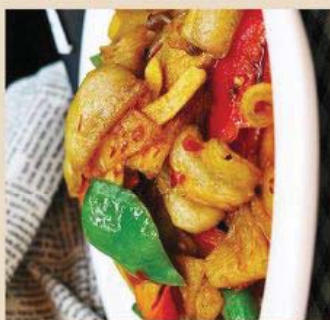
M4 宫爆鸡丁 18.95
Kung Pao Chicken



M6 水煮牛肉 21.95
Beef in Chili Soup



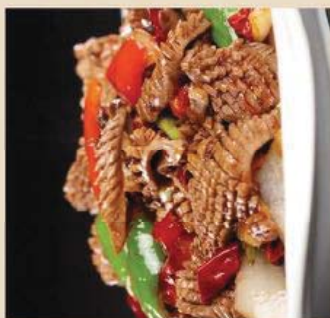
M7 毛血旺 24.95
Beef, Pork's Blood and Mixed Veg(ie) in Spicy Soup



M17 回锅肉.....18.95
Twice Cooked Pork Belly



M21 红烧肉煨四季豆.....18.95
Braised pork w. Green Beans



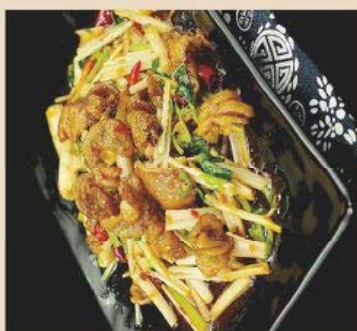
M16 火爆腰花.....16.95
Sautéed Pork Kidney



M18 虎皮青椒.....12.95
Grilled Jalapeno



M20 碎肉干煸四季豆.....18.95
Sautéed Green Bean With Minced Pork



M13 火爆肥肠.....21.95
Sautéed Pork Intestines



M14 火爆猪肝.....16.95
Stir Fried Pork Livers



M15 麻辣朋友圈.....16.95
Chili Mix Vegetables





M26 碎肉麻婆豆腐
Mapo Tofu With Minced Pork
15.95



M27 最爱狼牙土豆
Szechuan Style Spicy Fries
9.95



M28 炆炒土豆丝
Stir Fry Shredded Potato
10.99



M29 绍子蒸蛋
Steamed Eggs w. Ground Pork
15.95



M30 玉米鸡丁
Stir Fried Chicken with Corns
15.95



M31 干锅四川肥肠
Griddle Rib & Intestines
24.95



M23 村村小煎鸡
Stir Fry Diced Chicken With Jalapeno
22.95



M25 蚂蚁上树
Vermicelli w. Spicy Minced Pork
16.95



M24 青椒肉丝
Shredded Pork With Green Pepper
18.95

汤羹

SOUP

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N1 鸡茸粟米羹
Chicken with Sweet Corn Soup
\$ 12.95 / M15.95 / L18.95



N2 酸辣汤
Hot Sour Soup
\$ 12.95 / M15.95 / L18.95



N3 西湖牛肉羹
Minced Beef Soup
\$ 12.95 / M15.95 / L18.95



N4 雪豆蹄花汤
Pig's Trotters Soup
\$ 12.95 / L18.95



N6 番茄蛋花汤
Egg & Tomato Soup
\$7.95 / M10.95 / L15.95

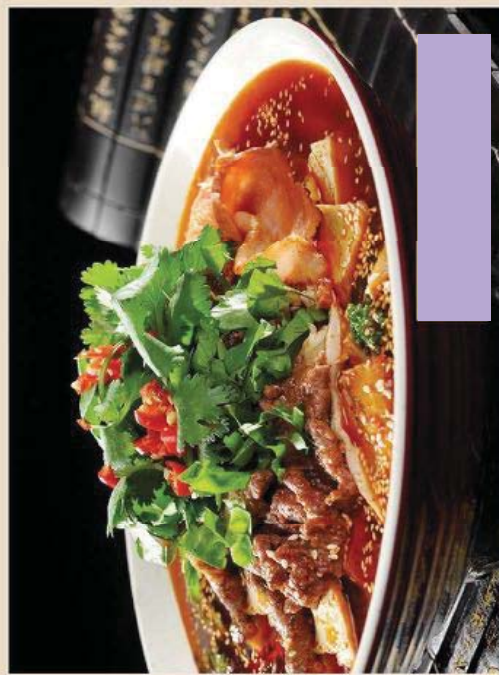
N7 蟹肉鱼肚羹
Crab & Fish Maw Soup
\$13.95 / M17.95 / L23.95



M32 水煮沸腾鱼
Fish Fillet in Chili Soup
22.95



M33 酸菜鱼
Fish Fillet With Szechuan Pickles
19.95



3.99 / 单品：肥牛 羊肉 鸡肉 牛百叶 鲜鱼片 蟹肉 午餐肉 猪皮 鸭腿 鱿鱼 鱼丸 鲜虾 牛百
2.99 / 单品：大白菜 上海白菜 金针菇 土豆片 香菇 香菇 木耳 腐竹 芋头 萝卜片 玉米粒 豆腐
鲜豆腐 红薯粉 米线

真味川菜

SICHUAN DISHES

图片仅供参考，出品以实物为准：The picture is for reference only.



Q1 杂果 (菠萝、蜜桃、草莓、蜜瓜) Natural Fruits	5.50
Q2 三种野莓 Three Berries	5.50
Q3 香蕉搭草莓 Very Buddy - Strawberry, Banana	5.50

酒 水 及 冷 热 饮 品
BEER, WINE & DRINKS (Hot/Cold)

P1 港式奶茶 H.K. Tea & Milk	3.25 / 4.00	P2 港式香浓咖啡 H.K. Coffee	3.25 / 4.00	P3 鸳鸯奶茶咖啡 H.K. Coffee & Milk Tea	3.25 / 4.00
P4 阿华田 Ovaltine	3.25 / 4.00	P5 好立克 Horlick	3.25 / 4.00	P6 柠檬茶 Lemon Tea	3.25 / 4.00
P7 柠檬水 Lemon Water	3.25 / 4.00	P8 鲜奶 Milk	3.25 / 4.00	P9 柠檬可乐 Coke & Lemon	3.25 / 4.00
P10 鲜柠蜜 Honey & Lemon Tea	3.25 / 4.00	P11 王老吉 (can) Chinese Herb Drink	3.25	P12 椰子汁 (can)	3.25
P13 各式汽水 (can) Various Can Drink	2.50	P14 各式汽水 (jar) Various Drink in Jar	5.85	P15 本地啤酒 Domestic Beer	5.75
P16 入口啤酒 Imported Beer	6.25	P17 白葡萄酒 White Wine	6.25 / 杯	P18 红葡萄酒 Red Wine	6.50 / 杯